

EATING DISORDER RESOURCE LIST

**The material and resources contained in this Community Resource List are not endorsed by Lives in Harmony LLC.
The listed organizations are not affiliated with Lives in Harmony LLC.*

A Weigh Out

(513) 321-4242

<http://www.aveighout.com/>

support@aveighout.com

A Weigh Out provides step-by-step tools to stop emotional eating and weight obsession.

Cincinnati Children's Hospital Medical Center

(513) 636-9657

<https://www.cincinnatichildrens.org/service/a/adolescent-medicine/programs/eating-disorders>

Cincinnati Children's works to improve child health and transform delivery of care through fully integrated, globally recognized research, education and innovation.

Eating Recovery Center

(866) 481-3550

www.eatingrecoverycenter.com

ERC treats all eating disorders including anorexia, bulimia, binge eating, overeating, etc. through in-patient and outpatient interventions.

Lindner Center of Hope

(513) 536-4673

www.lindnercenterofhope.org

Lindner Center of HOPE is an award-winning mental health treatment center in Cincinnati providing anxiety treatment, depression treatment, eating disorder treatment and TMS therapy.

National Eating Disorders Helpline

(800) 931-2237

For 24/7 crisis support, text 'NEDA' to 741741

<http://www.nationaleatingdisorders.org>

NEDA supports individuals and families affected by eating disorders and serves as a catalyst for prevention, cures and access to quality care.